

Subject: Physical Education

Curriculum intent:

Students will build on and embed the physical development and skills learned in key stages 1 and 2, they will become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. Students will understand what makes a performance effective and how to apply these principles to their own and others' work. They will develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life; and understand and apply the long-term health benefits of physical activity.

KS3

	Autumn Term	Spring Term	Summer Term
Year 7	Rugby & Netball Basketball & OAA	Table Tennis, Dance & Trampolining Athletic	Athletics Rounders, Cricket & Softball
Year 8	Rugby & Netball Basketball & OAA	Table Tennis, Dance & Trampolining Athletics	Athletics Rounders, Cricket & Softball
Year 9	Rugby & Netball Basketball & OAA	Table Tennis, Dance & Trampolining Athletics	Athletics Rounders, Cricket & Softball

KS4 Core PE

	Autumn Term	Spring Term	Summer Term
Year 10	Rugby & Netball	Table Tennis & Trampolining	Athletics, Rounders, Cricket & Softball
Year 11	Rugby, Football & Netball	Table Tennis & Trampolining	