

## Subject: PSHE

### Curriculum intent:

The KS3 PSHE curriculum builds upon what pupils should have been taught at KS2; and our KS4 model then builds upon our KS3 Curriculum. We have adopted a spiral curriculum model, which ensures that key concepts are presented repeatedly throughout the curriculum. This model builds upon prior learning, knowledge and understanding, and revisits topics across the key stage with deepening layers of complexity. This ensures that the information is reinforced, and added to, each time the students revisit the subject matter, thus providing a logical progression through topic areas - moving from gaining knowledge, to applying it and then analysing more complex issues.

Our PSHE curriculum is intended to be relevant and accessible for all of our pupils. It extends beyond the academic curriculum to instill confidence, and nurture resilience, in our pupils within an inclusive environment.

In our topics, students consider diverse aspects of living in the modern world and reflect upon:

- Moral questions
- Inclusivity
- SMSC
- Financial skills
- How to stay mentally and physically healthy
- Relationships and Sex education
- Cultural development and British values.

Our intent is that our curriculum prepares our students to engage well within society; understand how to resolve conflicts; know how to develop resilience and skills that support them; and know how to socialise effectively with others. We intend to support pupils' social and emotional learning and create a happy and safe environment, in which pupils can demonstrate resilience and respect, and achieve their aspirations and goals in all aspects of school life.

## KS3

|        | Autumn Term  | Spring Term   | Summer Term  |
|--------|--|---|--|
| Year 7 | Health and Wellbeing (Mental and Emotional Health)<br><br>Relationships (Types and Influences) | Living in the Wider World (Careers)<br><br>Health and Wellbeing (Physical and Emotional Health) | Relationships (Relationships and Sex Education)<br><br>Living in the Wider World (Finance and Media) |
| Year 8 | Health and Wellbeing (Mental and Emotional Health)   | Living in the Wider World (Careers)   | Relationships (Relationships and Sex Education)  |

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|--------|--|---|--|
|        | Relationships (Types and Influences)   | Health and Wellbeing (Physical and Emotional Health)  | Living in the Wider World (Finance and Media)  |
| Year 9 | Health and Wellbeing (Mental and Emotional Health)<br><br>Relationships (Types and Influences) | Living in the Wider World (Careers)<br><br>Health and Wellbeing (Physical and Emotional Health) | Relationships (Relationships and Sex Education)<br><br>Living in the Wider World (Finance and Media) |

## KS4 PSHE

|         | Autumn Term  | Spring Term   | Summer Term  |
|---------|--|---|--|
| Year 10 | Health and Wellbeing (Mental and Emotional Health)<br><br>Relationships (Types and Influences) | Living in the Wider World (Careers)<br><br>Health and Wellbeing (Physical and Emotional Health) | Relationships (Relationships and Sex Education)<br><br>Living in the Wider World (Finance and Media) |
| Year 11 | Health and Wellbeing (Mental and Emotional Health)<br><br>Relationships (Types and Influences) | Living in the Wider World (Careers)<br><br>Health and Wellbeing (Physical and Emotional Health) | Relationships (Relationships and Sex Education)  |