

Four easy stages of a rapid COVID-19 self-test

**1**

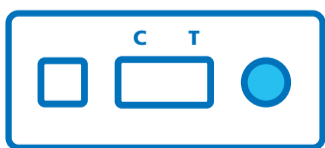
Set-up: sanitise testing area and hands, unpack kit, read instructions

**2**

Swab: throat then nose

**3**

Process test: place swab in liquid in tube, squeeze liquid onto test device

**4**

Read result: ensure test device is on a flat surface, wait and read result at 30 minutes