

# LATERAL FLOW TESTING

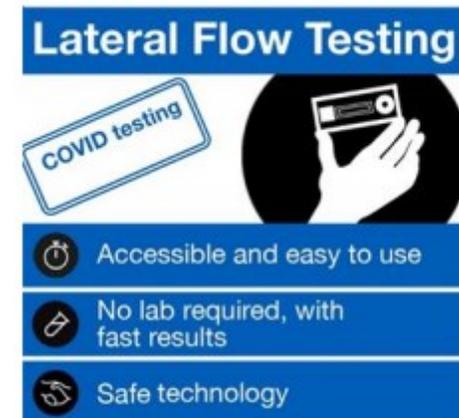
## Who is being tested and why?

Testing is important because staff and pupils without symptoms could be carrying the virus and may spread it to others. Testing staff and pupils without symptoms will support schools to operate as safely as possible.

**Note:** Any pupil or staff with symptoms should not attend school and should self-isolate immediately inline with current public health guidance.

## The components of Rapid Testing

1. **Test as many secondary pupils on their return to school as possible** - when returning to school pupils will be offered 2 Lateral Flow Device (LFD) tests spaced 3-5 days apart. A positive confirmatory PCR will be required for all positive cases.
2. **Carry out weekly testing of school staff** - staff will be offered 1 LFD test on their return to school and on-going weekly thereafter. A positive confirmatory PCR will be required for all positive cases.
3. **Carry out daily contact testing of pupils and staff who are close contacts of a positive case** - those identified as a close contact of someone who has tested positive will be provided with daily testing for 7 days. If they test positive, they will have to go home to take a confirmatory PCR test and self-isolate. If they test negative on a daily basis, they can continue to attend school without having to self-isolate. This is an alternative to isolation. Daily tests will be carried out prior to the start of the school day.



## The testing journey

1. Provide Consent → 2. Register → 3. Collect Sample → 4. Read Result → 5. Report Result



### Positive result:

Pupil/staff member notified. They will have to return home to take a PCR test and self-isolate until results of the PCR are known. School to be informed of the PCR result by the parent/staff member.



### Negative result:

Test result logged. The Individual does not have to self-isolate and can attend school.



### Invalid result:

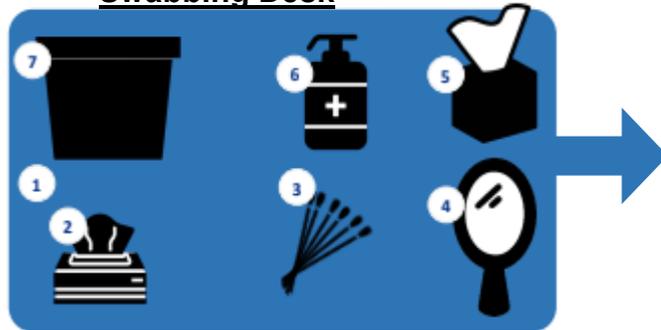
Pupil/staff member to take a new LFD test - collect new sample

# SELF-ADMINISTERING THE TEST

**Registration Desk** - pupils/ staff will be handed a barcode. They must look after this. They will then be directed to the swabbing area. They should **sanitise their hands** and **remove their mask**.

## Swabbing Desk

1. Table
2. Disinfectant wipes
3. Swabs
4. Mirror
5. Tissues
6. Sanitiser
7. Waste bin



**Processing Desk** - The Testing Processor will then pick up the extraction tube and continue the testing process. The barcode is attached to the sample for identification purposes. Results are analysed in 20-30 minutes.

The Results Recorder will then upload results to the national Test and Trace database.

## At the swabbing desk



The person being tested will **blow their nose in to a tissue**. This gets rid of excess mucus. They should then **sanitise their hands** once more.



They will look inside their mouth and find their tonsils (or the area where they would have been if they have been removed) - using a mirror if it helps. **Area marked in green is where to swab.**



Time to open the package and take out the swab. This will be used for both throat and nose. Taking care not to touch the fabric tip of the swab.



They will open their mouth wide and rub the fabric tip of the swab over both tonsils at the back of their throat **at least 3 times**. This may cause the individual to gag, this is a normal reaction and they will be reassured this is a good indication they are in the correct place for the best sample. Carefully remove the swab stick.



Time to swab the nose. They should **put the same end of the same swab gently into one nostril until they feel a slight resistance (about 2.5cm up the nose)**. Rotate the swab **5 times** and slowly remove it. They only need to swab one nostril.



They will then hand in their barcode and place their swab directly into the pre-prepared vial in the tube rack at the **Processing Desk**, with the cotton bud end facing down. Making sure they do not grasp the cotton bud end, which has been in contact with the tonsils and nostril. This might contaminate the sample.

They will then wipe the swabbing desk with the disinfectant wipes, placing the wipe in the waste bin once complete. They should then **sanitise their hands** once more and **replace their face mask** prior to leaving the test centre.